## <u>Nemo Vista Public School</u> <u>PERSONAL ILLNESS GUIDELINES</u>



## To provide our students with a healthy environment in which to learn, please follow these guidelines:

If your child complains before school, take his/her temperature and keep your child home if the temperature exceeds one-hundred point four (100.4) degrees.

If your child complains with stomach disorders such as nausea, vomiting, or diarrhea, he/she should not be sent to school. Stomach viruses are contagious.

If your child has a rash of unknown origin or has a suspected condition (such as chicken pox), do not send your student to school until a physician has diagnosed the condition. If a student is sent home from school with fever, your student should not return to school the next day. A child should be free from fever for twenty-four (24) hours before returning to school. This should be determined without the use of fever-reducing medicines (any medicine that contains ibuprofen or acetaminophen).

If a child has redness and/or drainage of one or both eyes, your student may have a contagious eye condition. Do not send your student to school until the condition is gone or the condition has been treated by a physician. If your child is prescribed an eye medication, he/she may return to school after the medication has been given for twenty-four (24) hours.

## Why is the nurse calling me?

Many times children become ill at school and it is necessary for the school nurse to notify parents. The following criteria will be used as a guide before notifying parents to pick their student up from school:

- Fever of one-hundred point four (100.4) degrees or higher.
- Vomiting and/or severe diarrhea.
- Symptoms of contagious conjunctivitis (pink eye). The student may return to school after being on physician-directed conjunctivitis medication for twenty-four (24) hours.
- Symptoms of contagious disease.
- Serious injuries as deemed by the school nurse or principal.
- Symptoms of head lice or nits.
- Symptoms that the school nurse or principal deem as a possible health risk to the student and/or to the student population.